ARE **YOU** RE-EVALUATING YOUR CAREER?

ARE **YOU** READY TO EXPLORE NEW HORIZONS?

ARE **YOU** NEEDING TO DO SOMETHING RADICALLY DIFFERENT WITH YOUR LIFE?

THEN THE **NOW WHAT™** PROGRAM IS FOR **YOU**!

FIGURE IT OUT **NOW**! WHY WAIT?

"It's a miracle! I have not been able to answer these questions for 32 years and in just 90 days, I figured it out." Crystal Barlett

"I never expected that finding a new career would be easy, but was a little surprised that is could be fun. I began to listen to my dreams andd realize that many things are possible and that is too short not to be giving the best that I have. The process has taken me down a path from which there is no turning back and has given me tools to keep moving forward in the direction I need." Donna Bradley

"This program has profoundly touched my life and changed it for the better." F. Smith

"I greatly enjoyed the luxury of deliberately focusing on myself rather than others in order to find the clarity to move forward in the best way for me." A. Marychurch

"I came to this hoping for clarity about my work only. I gained this and much more. I not only have clarity about new work, but my current work has been enriched. Where I didn't see any possibilities before, I now do. This was one of the best investments/actions I ever made for myself. Thank you!" S. Scarpellino

Laura Berman Fortgang is internationally recognized as a pioneer in the life coaching field. She is the author of *Take Yourself to the Top*, *Living Your Best Life* and *Now What™? 90 Days to a New Life Direction* and a sought-after speaker and media presence. Laura is the founder of the Life Blueprint® Institute and owner of InterCoach, Inc.

Barbara Richards

a business and life coach for over 10 years, loves empowering people to find and live their passion. She has coached hundreds of people in aligning their work with their passionate abilities and feeling more joy, fulfilment and success. She is a Master Certified Coach and faculty member of Coach University.

www.visionworkcoaching.com
barb@visionworkcoaching.com
P • 604.454.9482 **F** • 604.454.9473

Visit the Life Blueprint® Institute online at www.lifeblueprintinstitute.com

THE PROGRAM

Why struggle to figure out on your own what you should be doing with your life? It's one of life's toughest questions. Why not have a trained guide, your own sherpa, if you will, to guide you to who you really are what you are meant to do with your life?

In a very concrete, practical program, you will be led out of the confusion or indecision and find a clear direction for your future. Armed with "Now What™? 90 Days to a New Life Direction" by Laura Berman Fortgang, it's accompanying workbook and your own Authorized Life Blueprint® Facilitator, you will be guided to find what's next for you and come up with a plan on how to get there.

Your Life Blueprint® Facilitator is a trained coach or experienced helping professional. They have been trained in the NOW WHAT™? program and they maintain their skills in monthly classes with the Life Blueprint® Institute.

You will work the program with your coach for approximately 3 months. Clarity and direction will be the result. You may choose to work with your coach longer to implement your plan, job search or life changes.

"CAREER SATISFACTION DOES NOT COME FROM WHAT YOU DO. IT COMES FROM WHO YOU GET TO BE WHILE YOU'RE DOING IT."
Laura Berman Fortgang

THE LIFE BLUEPRINT® PHILOSOPHY

Years of working with people one-on-one gave Laura Berman Fortgang, the author of "NOW WHAT™? 90 Days to a New Life Direction" and the founder of the Life Blueprint Institute unique insight into what makes people happiest and feel most fulfilled in their work (and life). Often a mystery to the individual, Laura recognized that the answers were embedded in them as an imprint on their soul. She named this the Life Blueprint®. In essence, she discovered that supporting people to realize who they truly are will yield clarity, direction and purpose. Most of the time, it is the individual's burden to unearth the blueprint over the course of their life. With this program, the process can be accelerated and meaning, fulfillment, satisfaction and success can be available NOW.

It's WHO I AM, not what I do

IN 90 DAYS, YOU WILL:

- Explore and get answers by working the twelve chapters from "NOW WHAT?".
- Break down barriers to clarity
- Come to terms with change
- Break through limiting mind sets
- Learn how your past shows you clues to your future direction
- Find a sense of purpose
- Identify new directions and make them a reality
- Determine criteria for happiness in work and life
- Face any money obstacles head on
- Honor your intuition and make sense of it
- Get to know yourself like never before
- Rally support from others in surprising ways
- Set up a plan to accomplish your new plans and direction

"WHEN WHO YOU ARE ALIGNS WITH WHAT YOU DO, YOU WILL ACHIEVE EXTRAORDINARY RESULTS"
Laura Berman Fortgang